

See-Do

Lesson 1

Elementary: Grades 3 – 6

“Rock and Roll”

See-Do Series Verse

Do what God’s Word says. Don’t merely listen to it, or you will fool yourselves.

James 1:22 GWORD

The Point of the Lesson:

Each child will learn that their attitude will reflect what they see and do. When they grumble or complain, they will not be able to see God at work in their lives. When they are cheerful and positive to the events around them, they will see God *do* amazing things. They will understand that the condition of their heart is important to help them learn and apply God’s Word.

The Power of God’s Word:

Do everything without complaining or arguing.

Philippians 2:14 NIV

The Prayer of Each Child:

Dear God, Thank you for doing so much in my life. I have so much to be thankful for. Please help me to not complain or blame others for the things that happen in my life. Help me to learn and see what You want me to and then to do it with a cheerful heart. Help me to trust You because Your plan for my life will always be for the best. This week, help me to start at home by not complaining about chores when I am asked to do them. Amen

The Lesson in a Word:

Cheerfulness

Prepare: (Before Service)
Object Lesson: Gatorade Bottle
Game Materials: *None*

Preview: (5 Minutes)
This is an introduction to the lesson.

Welcome from MC:

Hey everyone! Who likes water? Who likes to ride Sea-dos? Well, when you put the two together, you are going to get some great videos. We're going to start a new series that is all about being at the lake, playing in the water, riding Sea-dos, having fun. There is definitely going to be a lot to see and do during this series. You don't want to miss one week of this series. You've got to see each one so that you'll know what you need to do!

Object Lesson:

OK, where is that Gatorade?! (MC walks around stage looking for bottle) I know I put something to drink up here earlier. Did someone take MY Gatorade? (MC starts to get agitated) I am so thirsty and there is nothing up here. Can't everyone leave their hands off of my stuff?! This happens all the time. (whining...then finds the bottle rolled behind something) Oh here it is! I guess I accidentally knocked it over. Wow – I feel bad now that I kept complaining. God has some advice about that. I better read up on it if I want to have a better attitude.

Kid Connect Question:

Would you rather go without water or without food?

Play: (5 Minutes)

Who Am I?

Assign a few room leaders to assist in assigning a number to each child. They can simply count off row by row in order 1, 2, 3, 4...1, 2, 3, 4...etc. After every child knows what number they are you can explain the rules of the game. Each child will be assigned a character. The object of the game is to recite a phrase that a particular type of character would say in hopes of finding others that were assigned the same character they were. The trick is that they will do this with the lights dimmed low or flashing to make it more challenging. Each child will need to walk around the classroom reciting a phrase(s) their character might say and do. When they find someone that is the same character, they will need to link arms and become a group. That group stays together and continues to find more of the same kids in hopes of making their group larger. After several minutes, the lights will turn on and the kids are to freeze in their groups. Have the classroom leaders assist you in finding the largest group of kids gathered and what character they represent. The top 3 largest groups win. Have the winners of each group stand by their team signs and you can give points out at your own discretion.

Number 1's: Surfer

Example Sound: "Cowa Bunga Dude"
(Show the hang loose sign)

Number 2's: Spelling Wiz

Example Sound: "Cat, C.A.T." "Soccer, S.O.C.C.E.R."
(They go around stating a word and then spelling it)

Number 3's: Sports Fan
GOAL!"

Example Sound: "Yaaahhhh! Touch Down. Whoohoo!"
(Enthusiastically cheering)

Number 4's: Starbucks Barista

Example Sound: "Tall Non Fat Latte with Whip"
(Call out Starbucks drinks)

**Make sure to assign room leaders to also be a character so they can help, guide, and encourage the formation of groups.

Transition for MC:

That was a super silly game and lots of fun too! It was fun watching you guys act goofy! Lots of you were smiling, laughing and having a good time. It made me happy and cheerful to be able to watch you play this game!

*Today we are talking about Cheerfulness and choosing the right attitude. You always have an attitude choice in EVERYTHING! Now some of you embraced the idea of acting out a character and some of you probably thought that didn't sound fun and you might have even complained to your neighbor about playing. In life, you can choose to be cheerful and smile or choose to be upset and complain, but the choice is always yours! The attitude you choose will affect the way you **SEE** and **DO** everything and God wants to show you how to do this His way.*

Praise: (15 Minutes)

This is a time of corporate worship through singing and music. Plug in your own worship session here.

Process: (15 Minutes)

This process includes the 10 minute teaching video, practice point and memory verse. Turn on DVD and play Lesson here.

Lesson in a Word:

Cheerfulness

What Should I See?

Moses Gets Water from the Rock

The Israelites had left Egypt and were traveling by foot through some rough and difficult land. They were moving from place to place as God directed them. They eventually came to a place called Rephidim where they set up camp. They soon realized that there was no water for them to drink. This caused them to get very upset with Moses. The Israelites began to grumble and complain and question why Moses would bring them out of Egypt just to die from thirst. Moses cried out to God and asked Him what he should do. The Lord instructed Moses to strike a rock at Mount Sinai with his walking stick. Moses did this while the leaders watched and water flowed freely from the rock. Because of God's great love, the people had all the water they needed! (Source: Exodus 17:1-7)

What's The Key?

The key to unlocking this lesson today is choosing the right attitude. The Israelites often complained when things didn't go well or didn't go their way. They chose to focus on what was wrong rather than how God could be trusted to help them out. They had an attitude of selfishness. They had a lot to be thankful for, but they chose to complain instead. They weren't able to see God's direction and *do* what was right.

What's That To Me?

Life will not always go the way I want it. Things will happen in my life that I don't want to happen. And when these difficulties come into my life I have a choice. I have an attitude choice. I can be cheerful and smile or I can be upset and complain. The choice is always mine. God allows these things into my life so that I can learn to have a good attitude. God is always there to help me through difficulty, but I need to remember to do everything without complaining.

How Should I Be?

This week, I will try to look for the bright side of every situation, even if I don't like it. I can even encourage others to have a good attitude as well. I will start at home this week by doing my chores or anything else my parents ask me to do without complaining. I see in God's Word that I should *do* all things without complaining. And that's exactly what I am going to do.

Practice Point:

Every morning I will start,
With a cheerful, joyful happy heart.

Memory Verse:

Do everything without complaining or arguing.
Philippians 2:14 NIV

Practice: (35 Minutes)

Total Recall (10 Minutes)

Turn on PowerPoint game here.

Question 1: What country did the Israelites leave? (Egypt)

Question 2: True or False: When the Israelites set up camp, there was no water to drink.
(True)

Question 3: True or False: The Israelites were happy with Moses. (False)

Question 4: Who did Moses ask for help? (God)

Question 5: What did Moses strike the rock with? (his walking stick)

Question 6: True or False: Water flowed freely from the rock. (True)

Question 7: The Bible verse is found in what book of the Bible? (Philippians)

Question 8: The lesson in a word is _____. (Cheerfulness)

Live It Live (5 Minutes)

Pass out the student handout templates. Kids go through and answer these three questions.

Things To Do Here:

Question 1: What kinds of things make me whine and complain?

Question 2: Why should I be cheerful when something goes wrong?

Question 3: How can I get better at being cheerful?

Things To Do At Home:

Question 1: Read Proverbs 15:30, Proverbs 17:22 and Philippians 2:5. What do these verses say about being cheerful and our attitude?

Question 2: Ask a parent or one of your church leaders what they find hard to do without _____ complaining. What do they do to have a good attitude?

Question 3: Write down three chores that you can do this week without complaining. Draw a big happy face by them when you do them cheerfully!

Prayer (5 Minutes)

Have children write out their own personal prayer requests on the tear off portion of the student handout and turn it in. At the end of the service, leaders are given the prayer requests to pray specifically for the children throughout the week.

Live It Video (5 Minutes)

Turn on DVD and play Live It here.

Question 1: What kinds of things make me whine and complain? (not getting my way, something bad happening, getting sick, being tired, people bugging me, not getting something I want)

Question 2: Why should I be cheerful when something goes wrong? (God tells me to, it helps me to be positive, it helps me to be a good example, it is better for my heart)

Question 3: How can I be better at being cheerful? (read the Bible, learn verses about attitude, ask God for daily help, thanking God for everything even when I don't feel like it, keeping a journal of all the good things God does for me)

Memory Madness (10 Minutes)

Each team participates in their group trying to recite the week's verse with the hand motions.

Do everything without complaining or arguing.

Philippians 2:14 NIV

G3 (5 Minutes)

Turn on DVD and play G3 here.

Question 1: Who led the Israelites out of Egypt? (Moses)

Question 2: What did the Israelites do when they had no water? (grumble, complain)

Question 3: How did the Israelites get water? (Moses struck a rock with his walking stick)