



*soul
food*

***Family
EnterAction
Guide***

Dear Parents,

We have just begun our new teaching series, *Soul Food*. This Family EnterAction Guide is designed to help you reinforce with your children what is being taught each week during the weekend services.

Each page has a week's worth of fun ideas and activities you can do as a family. On the back of each weekly page, you will find the memory verse we are learning for the week.

We suggest that you keep this Family EnterAction Guide on your desk, dresser or on the kitchen table to remind your family to read it each day.

We pray as your children learn more about *Soul Food*, they will "Enter into Action" and will begin to apply what they are learning in their daily life!

The Children's Ministry Staff



Soul Food

Week One

Word of the Week:
“Obey”

Bible Verse:
1 John 5:3 GWRD

Birth – Kindergarten

To love God means to obey Him

Grades 1 – 6

*To love God means that
we obey His commandments*

Week One – Obey

MONDAY-READ the Bible story together with your family. Look it up in the Bible!

God created the first man and woman, named Adam and Eve. He placed them in a beautiful garden, the Garden of Eden. God gave Adam the job of taking care of the garden. He told Adam and Eve not to eat from one certain tree in the center of the garden called the Tree of Knowledge of Good and Evil. They could eat from any other tree, just not this particular one. God warned them that if they ate from that tree, they would die. One day a snake asked Eve what God really said about eating from the trees in the garden. Eve truthfully answered that they were not to eat from the Tree of Knowledge of Good and Evil or they would die. The tricky snake told Eve that she would not die, but that she would be wise like God and know all, good and evil. Eve saw that delicious fruit and wanted to be wise so she ate it. She gave some to Adam and he ate it too. Later on they heard the Lord walking in the garden and they were afraid and hid. God told them that because they disobeyed Him, they would have to leave the Garden of Eden forever. (Source: Genesis 3:1-24)

TUESDAY-REFLECT as a family on the lesson taught last weekend by referring to your child's weekend service handout. Choose one of the ideas on the "To Do at Home" section and do it as a family or encourage your child to do it independently. If you did not receive a handout, here is an example of one of the ideas mentioned: Read Colossians 3:20 and John 15:14 together with your family. Discuss what these verses say about obeying?

WEDNESDAY-REQUEST a time for your family to meet together for a family prayer. Give your children an opportunity to tell you some of their prayer requests. Take time for anyone who wants to pray silently or aloud. Here is a sample closing prayer.

Dear Jesus, Thank You for giving us the freedom to make our own choices. Please help us to clearly know right from wrong and to choose to obey You by doing those things that are right. Amen

THURSDAY-REMEMBER the weekly Bible verse and take turns reciting it to each family member. Please refer to page 2 for the verse of the week.

FRIDAY-RESPOND to what you have learned as a family this week by taking an action step! Here is an example of something you can do as a family to reinforce the Bible theme for this week: *Ask your children if they can remember the word of the week (Obey). Then play Simon Says with your family. Talk about how easy it is not to listen and do what Simon says. Remind them that obeying what God asks us to do, is the most important choice we can make each day.*

Soul Food

Week Two

Word of the Week:
“Trust”

Bible Verse:
Proverbs 3:5 NLT

Birth – Kindergarten

Trust in the Lord with all your heart

Grades 1 – 6

Trust in the Lord with all your heart; do not depend on your own understanding