



BREAKOUT

How to Read God's Word



Breaking It Down

Read Revelation 1:3 NCV.

"Happy is the one who reads the words of God's message, and happy are the people who hear this message and do what is written in it."

Do you know what a habit is? A habit is a way of acting. It is something that you normally or usually do. What is an example of a habit? Well, most of us get up in the morning and get ready for school. Before going to school you take a minute to have a bowl of cereal for breakfast. We would say that you are in a habit of eating cereal before you go to school in the morning.

Maybe you make it a habit of doing your homework when you get home from school, or maybe you make it a habit of playing soccer after school or playing with your friends. Anyhow, I think you get the point. Each of us have developed habits in our life that are now routine for us. We don't even think about having breakfast before we leave for school because it has become a part of our daily routine.

God wants us to develop some habits that are good for us and that will help us get to know Him better. One of those habits is reading the Bible. The Bible is also called "God's Word." By reading God's Word we learn more about Jesus and how much He loves us. We also learn how to love those people around us at home and at school.



In order to get into the habit of doing something, like reading the Bible, we first need a plan. Here it is.

1. Pick a time of the day to read the Bible.

Maybe it's when you first get up or right before you go to bed at night. Pick one time and stick to it.

2. Read for 3-5 minutes.

Start in the book of Mark. Read one chapter each day. That means it will take you 16 days to read all of Mark.

3. Write down what you read about.

Write down the answers on the "Reading the Bible Worksheet" (found in the Breaking It Apart section) after you read Mark 1.

Then get a journal and copy those sections down in the journal. Use it to record your prayers, verses read, thoughts and action steps each day.

It's tough to get in the habit of doing something that you have never done before. If you miss a day, that's OK. Just start again the next day. Once it becomes a habit, you won't even have to think about it. You will just jump into bed, grab your Bible and read a few verses before going to sleep. It will be as easy as eating breakfast before going to school.



Breaking It Apart

Read the following phrases and answer the following questions to find out how we can get into the habit of reading God's Word.

Read the Bible every day

Read Deuteronomy 17:19. Why should we read the Bible every day?

Equips us for right living

Read Romans 12:2. Do you think reading God's Word helps us to change our way of thinking? How?

Apply what we read

Read Revelation 1:3. What does it mean to "apply" God's word?

Direction for our life

Read Psalm 119:105. How does God's word give us direction for our life?

Select one phrase from the capital letters in the word **R E A D** that is most important to you and write it out. An example would be "R" for Read the Bible every day.

Why is this phrase important to you right now?
This phrase is important to me because...



Reading the Bible Worksheet

Warming Up! (Praying)

Dear God...

Working Out! (Bible Reading)

The verses I read today are...

Building Up! (Thinking...What have I learned?)

Today I have learned...

Stretching Out! (Acting on what I learned)

Today, as a result of what I learned I am going to...

Next get a journal and copy these four sections down on the first page. Then fill in your answers after you read God's Word each day.



Breaking Out

Start by circling the first word in the paragraph below. Then circle every 5th word to find the hidden message.

Reading power there not suggestion God's book school library
grade Word contest teacher birthday today is soccer practice
yesterday or a park ball tomorrow shopping good animals for a
while habit.

Write the message below.

Remember to Read the Bible Every Day!



Select one verse below that you best understand and memorize it this week.

Revelation 1:3 NCV

Happy is the one who reads the words of God's message, and happy are the people who hear this message and do what is written in it.

Deuteronomy 17:19 TLB

That copy of the laws shall be his constant companion. He must read from it every day of his life so that he will learn to respect the Lord his God by obeying all of his commands.

Psalms 42:2 NIV

My soul thirsts for God, for the living God. When can I go and meet with God?

I have memorized my verse and I have recited it to...

This verse is important to me because...

Action Step

My life will be different now that I know these things about *reading God's Word* because I will...



Breakout Bob

Breakout Bob is showing us how to make the sign for *read*. Take your right hand and make a “V” with your fingers and slide it down your left open palm. Do this sign to help you remember our lesson on reading God’s word.

